

Jan 8 **Coffee, Chat and Thought for the Day** with Alison Adams

Jan 15 **Belmont Police** – the local safer neighbourhood team will revisit us to give an update on local issues, give advice and answer any questions.

Jan 22* **Coffee, Chat and a Quiz followed by a Christmas meal together.** Rachel and team will prepare a delicious meal for us to enjoy after the Christmas rush. There will be a charge of £8pp for the 2-course meal.



Jan 29 **Barry Lewis – leader of Sutton Council**
Barry, a local councillor, has been leader of Sutton Council since May 2024. He will share his experiences and local issues. Please feel free to come along with any questions.



Feb 5 **Coffee, Chat and Thought of the Day** with John Morton

Feb 12 **Air Ambulance Charity Kent Surrey Sussex – saving lives when every second counts.** Learn more about your local air ambulance, here for millions across Kent, Surrey & Sussex. Every day they respond to 9 emergency calls on average – giving people the best chance of survival.



Feb 19 **Sarah Dearlove** – enjoy listening to this local singer, keyboard player, teacher, choir leader and songwriter. Sarah has been playing the piano and singing for over 25 years both professionally and recreationally.

Feb 26 **Coffee, Chat and Thought for the Day** with Gwenda Carter

Mar 5 **Ash Wednesday: Beginning Lent Together – Jason Humphreys.** Mark the start of Lent with a time to pause and consider how this season can bring moments of quiet, thoughtfulness and meaning to our lives.



Mar 12 **Coffee, Chat and Thought for the Day** with Ryan Todd

Mar 19 **Isle of Wight: Jewel of the South – History and Heritage.** Gary Miles has been visiting the Isle of Wight since his childhood as his family had a residence there for 30 years. In this Talk he charts the History of this glorious island dubbed the Jewel of the South from the Romans to the Victorians & beyond, and talks about some of the key historical figures who have contributed to the island's rich history.



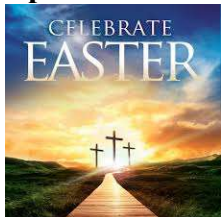
Mar 26 **Coffee, Chat and Thought for the Day** with Emile Leigh

Apr 2* **Crocodile Encounters** – meet Richard Cooke and a collection of his reptiles. He will talk about the animals that he brings along for us to see and touch, such as bearded dragons and snakes. Your chance to hold a snake if you dare!



Apr 9 Coffee, Chat and Thought of the Day with Barry Clist

Apr 16* Easter Silver Service followed by lunch together



Celebrate Easter with a short service by Jason Humphreys including a few favourite hymns. This will be followed by a bring and share lunch in the rear hall. Details to follow.

Apr 23 Coffee, Chat and Thought of the Day with Brian Adams

Apr 30 Carshalton Water Tower – Achievements – John



Freeman from the Carshalton Water Tower Friends takes us on a tour of this historic building in the grounds of Carshalton House (now St Philomena's High School for Girls), and shows the work carried out over the last 30+ years to renovate and

maintain the Tower and special features in the landscape gardens.

Advance notice:

May 7* Cameo outing to Surrey Wildlife Trust in Nower



Wood timed to see the beautiful bluebells. Cost of £10pp. Meet at the church, then we'll share transport. More details to follow.



83 Chiltern Road, Sutton, SM2 5QY

CAMEO SENIORS PROGRAMME January to April 2025

Wednesdays at 10.30 am

Usually finishes at 11.30am, except dates indicated with a * will finish later. A suggested donation of £1-£2 a week would be appreciated to cover the cost of speakers and expenses. No charge is made unless indicated on the programme.



A recent visit to the Houses of Parliament

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CAMEO at Chiltern Church

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